



홍 지 만

아주대학교 의과대학 신경과학교실

## Pain, Agitation, and Delirium

Ji Man Hong, MD, PhD

Department of Neurology, Ajou University School of Medicine, Suwon, Korea

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Delirium is a frequent complication of critical illness and is associated with poor outcome and even impending dementia. In the setting of neuro-intensive care unit (NICU), pain and agitation can be ignored because these patients are often under some special situations, such as mechanical ventilation usage, administration of various sedatives, and physical restraint. In addition, they are frequently associated with a clinically significant delirium. This script will focus on delirium by targeting outcomes, detection and monitoring, risk factors, prevention, treatment and management strategies.

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**Key Words:** Pain; Agitation; Delirium; Prevention; Treatment

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**Ji Man Hong, MD, PhD**

Department of Neurology, Ajou University Medical Center, Ajou  
University School of Medicine, 5 San, Woncheon-dong,  
Yongtong-gu, Suwon 442-749, Korea  
TEL: +82-31-219-5175 FAX: +82-31-219-5178  
E-mail: dacda@hanmail.net