자율신경계질환의 최신지견



김 현 아

계명의대 신경과

Recent update on autonomic disorders

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Autonomic dysfunction is a prevalent health problem that remains underdiagnosed, undertreated, and underappreciated across healthcare systems. The autonomic nervous system includes all regions implicated in the control of "autonomic," unconscious, and involuntary functions in total body homeostasis. They can be due to primary autonomic disorders or secondary to other medical conditions. Primary autonomic disorders can be categorized as orthostatic intolerance syndromes including orthostatic hypotension and postural tachycardia syndrome and autonomic neuropathies. Autonomic neuropathies include sensory/autonomic/mixed, acute/subacute/chronic, idiopathic/secondary, inflammatory and noninflammatory autonomic neuropathies. Herein, we review the recent updates on the diagnosis and treatment of autonomic disorders.