## 시신경척수염의 예후 양상



**김 성 민** 서울대병원 신경과

## Prognostic Spectrum of Neuromyelitis Optica

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Neuromyelitis optica (NMO) is an inflammatory, demyelinating disease of the CNS (IIDD), and is characterised by extensive myelitis, optic neuritis, and the presence of a disease-specific aquaporin-4 autoantibody (AQP-4 Ab). It has been traditionally considered to be a devastating disease. However, several recent studies have shown that its prognosis can vary among patients with diverse prognosis factors. This section will introduce recent studies on the prognosis of NMO, which will be a clue in identifying its pathogenesis as well as understanding disease courses.

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