



이 현 아

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## Dementia

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Many of the recent clinical investigation in the fields of Alzheimer's disease (AD) have been focused on disease- modifying drug development and biomarker. However, the disappointing results of the studies made clinicians have interests for non-pharmacologic manage such as cognitive intervention, exercise, diet control or lifestyle modification in the patients with AD. There have been several reports of application of non-pharmacologic modalities in AD or preclinical AD, which showed positive results in delaying progression of AD or prevention of conversion from mild cognitive impairment to AD. This article will review non-pharmacologic treatment modalities in AD .

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**Key Words:** Alzheimer's disease, non-pharmacological manage