

# 통증, 불안 초조, 그리고 섬망



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## Pain, Agitation, and Delirium

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Delirium is a frequent complication of critical illness and is associated with poor outcome and even impending dementia. In the setting of neuro-intensive care unit (NICU), pain and agitation can be ignored because these patients are often under some special situations, such as mechanical ventilation usage, administration of various sedatives, and physical restraint. In addition, they are frequently associated with a clinically significant delirium. This script will focus on delirium by targeting outcomes, detection and monitoring, risk factors, prevention, treatment and management strategies.

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**Key Words:** Pain; Agitation; Delirium; Prevention; Treatment

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