Nutritional support in ICU: parenteral vs. enteral



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Providing nutrition is an important part of critical care. However, the practice has been variable because of a paucity of robust data. Multiple studies have been performed to investigate many different aspects of critical care nutrition. Although their findings have better informed the practice, the main outcomes have often been conflicting and resulted in different interpretations. In this presentation, we will review and summarize the data from previously published studies, including clinical trials investigating enteral vs. parenteral nutrition and supplementing enteral with parenteral nutrition. In addition, published studies informing the practice of how best to provide enteral nutrition will be reviewed, including gastric residual volumes and gastric vs. post-pyloric tube placement.

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